

HEAD LICE TREATMENT CHECKLIST

- On _____ (DAY 1 of treatment), treat your child with louse shampoo (NIX or generic equivalent) carefully following the package instructions. If you chose to use a different product **it is important that the product KILLS lice or aids the removal of lice as you thoroughly comb through all of your child's hair with a lice/nit comb.** If you use a product that requires a prescription from your health care provider, please follow those instructions. Children with long hair may need multiple bottles of shampoo in order to saturate all of their hair. **You are expected to treat your child for head lice before he/she returns to school.**
- After using the shampoo treatment, comb through damp hair to remove lice and nits, separating the hair into 1 inch sections as you comb. Be very thorough in combing through all of your child's hair paying special attention to the areas over the ears and at the back of the neck.
- Wash child's bedding, towels, clothing, hats and coats in hot water and dry on high heat setting. Wash all combs, brushes and hair accessories in hot soapy water.
- Vacuum car seats, upholstered furniture and carpets that your child's head has laid on in the past 48 hours. It is not recommended to use pesticide sprays. It is not necessary to clean your entire home. Focus your efforts on your child's hair.
- Check all family members for lice. Treat any family members who have lice as described above.
- Your child may return to school after he or she is treated for head lice as described above.** Return the "head lice treatment" verification form to the school office on the day your child returns to school. See the attached form. The school nurse will continue to check your child for head lice. ***The school nurse may require your child be removed from school for additional treatment if he or she continues to have lice after the treatment cycle described below or if your child is not receiving prompt treatment.***

For the next 3 weeks it is very important that you comb through your child's hair with a nit comb every few days. (Combing through wet hair and using conditioner makes combing easier. Do not use conditioner on the day you use the louse shampoo) ***Repeat treatment with louse shampoo or other lice killing or removal product every 7-10 days.***

- Day 2, Day 3, Day 4- Comb hair with nit comb
- Day 5, Day 6- Continue combing hair with nit comb
- Day 7, Day 8, Day 9, Day 10- **Do second treatment on one of these days with louse shampoo** as described above. Continue to comb hair with nit comb. Turn in the "head lice treatment" verification form to the school office the day after you complete the 2nd treatment.
- Day 11, Day 12, Day 13- Continue combing hair with nit comb
- Day 14, Day 15, Day 16- Continue combing with nit comb.
- Day 17, Day 18, Day 19, Day 20- Continue combing with nit comb. **If live lice are still seen on your child's head then contact your health care provider for additional treatment instructions.** If no more live lice are seen then your child is finished with the head lice treatment cycle.