

Ms. Bacon's Physical Education
Sophomores Project Sheet – 1st Quarter – Inspirational Poster

Name: _____ Hour _____

Content Goal – Understand that physical activity requires heart, teamwork, and sportsmanship. Students will work together and individually to experience these aspects of physical fitness.

Language Goal – Create a poster and written reflection on an inspirational quote that speaks to them and their personal experiences with physical activities.

Project – Inspirational Poster & Paper

1. Find an inspirational quote that has a meaning to you
 - a. It can be activity or sport specific or general activities. Think outside the box, but it has to be geared to being active or physical.
 - b. Google “inspirational quotes” or be more specific and Google “inspirational volleyball (or different sport or activity) quotes”
 - c. Quotes **NEED** to be **POSITIVE**.
2. Design a poster with your inspirational quote on it.
3. Write an one to two page paper on your inspirational quote – At least 3 paragraphs
 - a. Why did you pick this specific quote
 - b. What does this quote mean to you when you read it
 - c. Tell a personal story that is related to your quote.

Poster Points Worth = 25 pts

- | | | | |
|----------|-------|-------|--|
| 5 points | _____ | _____ | Quote _____ |
| 1 points | _____ | _____ | Appropriate Quote |
| 3 points | _____ | _____ | Name (first & last), hour, and date turned in on the back of the project |
| 5 points | _____ | _____ | Words neat, Readable, and Related to Topic |
| 5 points | _____ | _____ | Neatness |
| 1 point | _____ | _____ | Poster larger than 11 x 17 |
| 2 points | _____ | _____ | Pictures or clipart |
| 3 points | _____ | _____ | Colorful |

Paper Points Worth = 25pts

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|------------|-------|-------|--|
| 1 point | _____ | _____ | Title on top of page – this is your quote |
| 4 points | _____ | _____ | Name (first & last), hour, and date turned in on the back of the project |
| 5 points | _____ | _____ | Typed out neatly, full one page or more
Good Explanation on the topic |
| 5 points | _____ | _____ | Why did you pick this specific quote |
| 5 points | _____ | _____ | What does this quote mean to you when you read it |
| 5 points | _____ | _____ | How descriptive was your personal story example? |
| -15 points | _____ | _____ | Turned in late – Are you responsible here? |

*If you have questions, please ask me before you start or during your project.
You must hand in this sheet with your poster and paper at the same time.*