

MS. BACON'S PHYSICAL EDUCATION
2nd QUARTER WRITING / VISUAL ASSIGNMENTS

Pick as many as you want to do to add up to 25 pts

Writing Assignments

- 5 pts Magazine or newspaper article**
- Type a one page summary on a magazine or newspaper article on physical activity, athletes, or health issues.
 - Can only do 2 summaries per quarter
 - ***Must be pre-approved – fill out a pre-approval/grade sheet***
- 10 pts Varsity Athlete Interview**
- Needs to be a varsity Athlete of a sport at WBHS
 - Interview a the athlete with various questions ranging from how he/she started into playing their sport or sports to the pros and cons of playing sports.
 - Type a minimum of a two page summary of the interview or type it up as a newspaper article (must have 4 paragraphs).
 - Can only do 1 per quarter
 - ***Must be pre-approved – fill out a pre-approval/grade sheet***
- 2 – 10 pts Blog**
- Answer Ms. Bacon's blog questions throughout the quarter and receive up to 2 pts for every blog answer
 - Must answer the blog question using proper sentence structure, punctuation, and grammar.
 - ***Print out Blog Etiquette sheet and follow it.***
- 10 pts Book Review**
- Read a book related to physical activity, athletics/sports, health, or inspirational
 - Type a complete 2 page summary
 - Can only do 1 per quarter
 - ***Must be pre-approved – fill out a pre-approval/grade sheet***
- 15 pts Compare and Contrast**
- Compare and contrast 2 sports or activities
 - Coaching philosophy
 - Players
 - Longevity
 - Follow the writing guidelines
 - Can only do 1 per semester
 - ***Must be pre-approved – fill out a pre-approval/grade sheet***
- 10-25 pts WBHS Sport History**
- Athletes should ask Ms. Bacon about this project
 - Could take a lot of looking up, asking the right people to complete this project.

Poster/Visual Assignments

5 pts

Winter Outdoor Physical Activity

- Visual project with any type of outdoor physical activity theme
- Be creative!
- Can only do 1 per quarter
- ***Must be pre-approved – fill out a pre-approval/grade sheet***

10 pts

Inspirational Poster

- Find a motto, word, or an inspirational saying
 - o Use the internet, magazines, or make up a saying
- Create a poster around the motto or saying
 - o Example: “Got Milk”, or “Dedication”, or “No Pain, No Gain”
(**can not use these**)
- Colorful, creative, accurate, and inspirational
- Follow the visual guidelines
- Can only do 1 per quarter
- ***Must be pre-approved – fill out a pre-approval/grade sheet***

10 pts

10 years Sport Timeline – Visual project

- Create a timeline depicting the history of 10 years of a sport of your choice
- Be creative
- Visual project – follow the guidelines
- Can only do 1 per quarter
- ***Must be pre-approved – fill out a pre-approval/grade sheet***

15 pts

WBHS Timeline

- Pick a sport from the WBHS athletic program
- Create a visual timeline of 15 years of history
- Can only do 1 per quarter
- Check out the old yearbooks in the library or ask coaches.
- Be creative
- ***Must be pre-approved – fill out a pre-approval/grade sheet***

Audio Assignment

20/5 pts

Sport Announcer

- 2 person assignment
- 1 person will need to video tape the game or event and will receive up to 5 pts depending on the quality of the video
- 2nd person will be doing the announcing of the game or event
- Options: 1 quarter of a football game or basketball game, 1 game of a volleyball match, or a wrestling match
- **Will need to know the sports lingo, athletes names, coaches names**
- Will be graded on how well you know the sports terminology, voice clarity, word choice, and energy
- Get a total of 25 pts by being the announcer and the video person with your partner – must do 2 quarter/games.
- ***Must be pre-approved – fill out a pre-approval/grade sheet.***