

## CHEER TRYOUTS



### 1:00 Wednesday, July 8th Birnamwood Gym

When making arrangements for a ride, please keep in mind that spectators are not allowed at tryouts. Anyone not trying out will be asked to leave.

#### **SPECIAL COVID-19 RESTRICTIONS:**

You may only participate if you are not showing any signs of Covid illness. You must be able to answer “NO” to all of the following questions before coming to practice or try outs.

1. *Have you had symptoms of respiratory illness such as cough, shortness of breath or a combination of fever (temp of 100.4 or higher), chills, muscle pain, headache, sore throat, or new loss of taste or smell in the past 14 days?*

2. *Are you or anyone in your household currently experiencing symptoms of respiratory illness such as cough, shortness of breath or a combination of fever (temp of 100.4 or higher), chills, muscle pain, headache, sore throat, or new loss of taste or smell?*

3. *Have you come into close contact (within 6 feet) of someone suspected or confirmed to have COVID-19 in the past 14 days?*

4. *Have you traveled internationally (outside of the US) in the last 14 days?*

#### What To Bring/Wear

- Comfy shorts and/or leggings and a loose comfortable T-shirt
- Must bring your own water bottle-clearly labeled with your name
- Tennis shoes!!!!
- Hair MUST be tied back
- DO NOT wear jewelry



#### Tryouts

Cheer - Chant - Jumps - Dance/School Song Routine

#### Cheer & Chant

Will be judged on how loud and how clear your voice is and how much enthusiasm and spirit you perform with. Do not have to know the cheers before tryouts; we would like to see how fast you learn. Does not have to be perfect but must demonstrate effort!

## Teacher References

The teacher references requirement will be waived this year due to the school closures. Please be ready to be responsible, dependable, and ACADEMICALLY ELIGIBLE if you plan to participate.



Most importantly, you will be judged on overall positive attitude, spirit, ability to work together as a team, and enthusiasm. If you are coming to try out, please take tryouts seriously. Cheerleading is a lot of fun but our time needs to be productive. Also if you make the squad, please be ready to be committed. We may make it look easy, but successful cheerleading takes a lot of very hard work.

## Commitment

Each cheerleader must sign a contract of expectations. This contract spells out rules and policies regarding personal conduct expectations, practice and attendance rules, and awards and recognition. All physical cards and athletic paperwork must be turned in to Ms. Nier on time. Anyone whose paperwork is not turned in on time will forfeit their spot on the squad.

## Cheer Camp

The cheer camp requirement for this year has been cancelled. There are no CWCC camps being held. If we get the approval to do stunting, we will hold a mandatory private stunting clinic here in the district with the camp personnel. If held, the cost of this will be approximately \$45 per cheerleader.

## Clothing/Uniform Expectation:

### School provides (returned):

Uniform Skirt  
Uniform Bodyliner  
Uniform Shell  
Green Spandex if needed  
Cheer Bag / Nametag  
Rain Poncho  
Pom Poms

### Cheerleader provides (yours to keep):

Warm-up Jacket (\$35)  
Jacket Personalization (\$15)  
Warm-up Pants (\$27)  
Optional Matching Cheer Bow (\$5.50)  
Yellow Cheer T-Shirt (\$16)  
\*\*Clean, white athletic shoes  
\*\*Black Spandex Shorts  
\*\*Solid Black Leggings (can be ¾ length)  
\*\*Clean, white, plain ankle socks

Cheerleaders must wear matching clothing. It is a requirement. Cheerleaders are responsible for keeping all of their cheer clothing clean and neat.