

**COACH'S EXPECTATIONS**  
**WITTENBERG-BIRNAMWOOD CHARGERS GIRLS BASKETBALL**

Being a member of the Charger Girls Basketball Program is something that most of you have worked long and hard for. Now that you are finally here it is necessary for you to represent the school and our program in the correct manner. Whether you believe it or not you are a role model to many of the young girls that dream of someday being in your position. So you need to act in a manner that won't tarnish the image of our program, or the image of the young girls that want to be like you.

There are expectations that you need to meet in order to represent our program and school. If you can not meet these expectations, there will be consequences that you will pay for your actions. The consequences will be will be administered by the coaching staff, at their discretion. The severity of the violation will determine the consequence. Here are the consequences that apply:

1. Verbal reprimand(s)
2. Dismissal from practice(s)
3. Suspension from a game or games

The following are the Coach's Expectations for the upcoming 2023-24 basketball season. Please make sure that you read these expectations carefully before you sign this. The coaching staff does not want to have any misunderstandings.

**1. Practice Rules**

- A. Attendance: Attendance is mandatory at every scheduled practice, and team function. If you are in school you are at practice! The **head** coach must be notified along with your coach for any foreseen absences.
1. The only excuse outside of illness is a family emergency, such as a funeral.
  2. School related trips are excused absences (**depending when they are**), and the coaches should be notified ahead of time.
  3. If you are injured you are still expected to be at practice!
  4. When scheduling any appointment try to schedule it around practice time.
  5. You have a practice schedule that tells you when practice begins and ends. It is expected that you will be there before and after the scheduled times.
  6. **Four unexcused absences, dismisses you from the team. (coaches discretion)**
    - A. 1 Freebie
    - B. 2 missed = misses partial game play
    - C. 3 missed = 1/2 game
    - D. 4 missed = dismissal (coaches discretion)

- A. Practice Expectations: It is often said that you play the way that you practice. Therefore we must practice at the highest level possible in order to improve the quality of our game performance.
1. Each player should have their entire practice uniform on during practice. There are no exceptions to this rule.
  2. There will be no jewelry allowed in practice.
  3. The coaches must have your undivided attention, in order to get 100% concentration during practice.
  4. There is to be no SLACKING during practice.
  5. Each player will need to act appropriately, and stay under control at all times. You must refrain from **swearing, and maintain a positive mental attitude**. If you have a problem with something politely let the coaching staff know, and we will meet with you to discuss it.
  6. Each player needs to be reachable by the coaching staff. Lack of respect for your teammates or coaches will not be tolerated.
  7. **All players are expected to work at, all 4 of the Backers tourneys, and the school's middle school tourney to fulfill your community service for our fundraiser.**
  8. **All varsity players are also expected to be there for our Little Lady Chargers program on Saturdays in January.**

## 2. Locker Room Conduct

- A. Each player should clean up after themselves, both at home and away.  
Remember who and what you are representing.
- B. There should be no fooling around in the locker room. Get in there and get out as quickly as possible.

## 3. Game Day Procedures

- A. Dress Code: All players are to wear their team travel gear to and from all games. Basketball apparel should also be worn to the Backers tourneys, and Little Lady Chargers clinic days.
- B. Pre Game for Home Games: Freshmen & J.V. players should be dressed and ready to go by at least 5:30, or 30 minutes before game time. Varsity needs to be sitting together as a **Team** by tip off of the J.V. game unless they are doing 50/50(5:30)
1. Varsity needs to be watching the J.V. game, and focusing on their game later that night.
  2. There should be no purchasing of concessions unless it is after your game.
  3. Freshman & J.V. players are required to sit together as a **Team** behind the varsity bench for during the varsity games. The varsity players are there to watch your game so you should be there to watch theirs! You will also assist with the stats, and filming.
  5. If you are injured or suspended, you are still required to be at the game

with the rest of your team.

A. Game Conduct: All players need to follow the rules as established by the WIAA. Again remember who and what you are representing.

1. Respect your opponents and the officials. Be polite it might help you and your team in the long run.
2. There will be absolutely no **“TRASH TALKING.”**
3. Let your coaches and your team captains talk with the officials if there is a problem.
4. Keep your mind in the game not in the stands.
5. Remember we want to be viewed as a class act, always show good sportsmanship.

#### 4. Transportation Conduct

A. Behavior: We will abide by all bus rules, and make sure that the bus is clean as we are getting off.

1. During the ride the players will be able to normally converse. Hopefully that conversation will have something to do with the upcoming game.
2. **Due to an increased lack of focus before games cell phones will now collected by the coaching staff prior to boarding the bus, and will be made available to players following their game. There should be no secondary devices to use. All we are asking is a couple hours off your screen.**
3. The bus waits for no one, make sure that you are there on time. If you do not ride the bus you aren't allowed to play in the game. This is a school rule unless discussed by the athletic director or principal. In the case that you do not ride the bus home, you will need to be signed out by a parent.
4. If you plan on going home with someone besides your parents/adult. A note must be signed by your parent and shown to one of the coaches.

#### 5. Training Hours

A. The Night Before a Game:

All players will need appropriate rest. It is a long season and you need to take care of your body.

B. Non School Nights:

1. Your dedication to our program will determine the time that you get home. Remember not too many positive things happen after Midnight.

## **6. Equipment Care**

- A. You are responsible for any equipment that is issued to you, and you will be held financially responsible for that equipment any other equipment if it is damaged. Issued equipment will be inspected upon its return.

## **8. Criminal Conduct**

- A. Any player convicted of a misdemeanor crime, will be disciplined by the coaching staff as they see fit.
  
- B. Any player convicted of a felony, will be disciplined according to our Athletic Code.

## **9. School Conduct**

- A. All players will be accepted to maintain appropriate classroom behavior, along with passing grades.
  
- B. Any player sent to ALAC on game day can not play in that night's game. If you are sent to ALAC on non game days the coaching staff will deal with appropriate punishment.
  
- C. You are responsible for any equipment that is issued to you, or that you damage. Issued materials will be inspected as they are returned. You will need to pay for any damages that you cause.
  
- D. If you know you have a doctor's apt. on a game day please get it prearranged from the office and athletic director.**
  
- E. Be on time for class!!**

## **10. Academic Status: Grade Checks**

- A. If an athlete is declared academically ineligible the athlete has 20 school days to regain eligibility or the athlete will be dismissed for the remainder of the season.**

## **11. Lettering**

- A. A player must play at least 32 minutes of varsity game time.
- B. A player must remain with the team for the entire season.
- C. At least three years of managing with team.

