

# Wittenberg-Birnamwood Middle School Athletics

# **First Day of Practice**

- Football: September 8th, 3:45 5:30
- Volleyball: September 8th, 3:30pm 5:30pm
- Cross Country has already begun!

# **Coaching Staff**

Please contact your coaches for information specific to your sport.

#### **Cross Country**

- MS Coach Julie Clark jclark@wittbirn.k12.wi.us
- Head Varsity Coach Cathy Easker <u>ceasker@wittbirn.k12.wi.us</u>

### Football

- MS Coach Mike Balliett <u>mballiett@wittbirn.k12.wi.us</u>
- MS Coach James Clark <u>coachclark3468@gmail.com</u>
- Head Varsity Coach Bernard Holsey <a href="http://www.bholsey@wittbirn.k12.wi.us">bholsey@wittbirn.k12.wi.us</a>

# Volleyball

- MS 7th Grade Coach Sue Boldig <a href="mailto:sboldig72@yahoo.com">sboldig72@yahoo.com</a>
- MS 8th Grade Coach Stacey Delforge <u>sdelforge@wittbirn.k12.wi.us</u>
- Head Varsity Coach Becky Rew <a href="mailto:beckyrew@wittbirn.k12.wi.us">beckyrew@wittbirn.k12.wi.us</a>

#### **Sports' Registration**

All athletes must be registered in order to participate. If you have not registered, you may do so at any time. You may not participate until your registration is complete including an updated physical. A picture of your physical needs to be updated to the site. Go to https://wbsd-ar.rschooltoday.com to create or update your account. Athletes must be registered yearly. You will need your student ID which can be found in your Skyward account (other ID). If you need assistance please contact Mrs. Nier (cnier@wittbirn.k12.wi.us).

# **Impact Testing**

**If you still need to take an Impact test you may do it at home!** Please let Mrs. Nier (<u>cnier@wittbirn.k12.wi.us</u>) know if you would like to do this and include the athlete's name and

grade. If you do not complete your impact test prior to the first day of practice, you will not be allowed to practice until it is complete.

ImPACT is a neurocognitive test battery that provides healthcare professionals with objective measure of neurocognitive functioning as an assessment aid and in the management of concussion in individuals ages 12-59. Athletes are tested every two years through an internet based test, giving a baseline for healthcare professionals to compare if there is a suspected head injury.

# **Spectators**

Due to Covid 19 and the state mask mandate, only 2 spectators per athlete will be allowed for volleyball and only 4 spectators per athlete will be allowed for football and cross country. More details will be coming soon concerning spectators and how to get your tickets.

#### Virtual Student-Athletes

Please keep in contact with the coach as things may change, and your child will not be in school to hear announcements.

#### Schedules

Schedules and bus times are subject to change, and we are still working out some of the details. To get the most up to date schedule check out the rSchool calendar found on the school website. Go to the Athletics tab and rSchool Calendar. Choose View Schedule and pick whatever schedule you are looking for. Middle school game schedules can be found using these headings:

Cross Country- MS Football -MS Volleyball-MS

If you click the <u>Notify Me</u> link you can complete the requested information to get notifications of events and changes.

If you click the <u>Get the Mobile App</u> link you can download the rSchool App and have access to schedules, bus times, etc... on your mobile device.