

# Wittenberg-Birnamwood School District

## Reporting Rubric for 9-12 Physical Education

Unit: \_\_\_\_\_

**Standard 1:** Demonstrates motor skills and patterns for a variety of physical activities.

<i>Advanced</i>	<i>Proficient</i>	<i>Developing</i>	<i>Beginning</i>
Designs and implements opportunities for skill development.	Analyzes and adjusts a combination of skills and transitioning movements.	Evaluates a combination of skills and transitioning movements.	Applies a combination of skills with mature form.

**Standard 2:** Demonstrate knowledge of concepts, principles, strategies and tactics related to physical activity.

<i>Advanced</i>	<i>Proficient</i>	<i>Developing</i>	<i>Beginning</i>
Demonstrates to others the mechanics of a specific skills or strategy.	Analyzes the mechanics of a specific skill or strategy and applies toward a strategies	Applies and understands the mechanics of a specific skill or strategy.	Identifies the mechanics of a specific skill or strategy.

**Standard 3:** Demonstrates the knowledge and skills to achieve & maintain a health-enhancing level of physical activity and fitness.

<i>Advanced</i>	<i>Proficient</i>	<i>Developing</i>	<i>Beginning</i>
Evaluates and modifies personal fitness plan toward self improvement.	Analyzes and maintains a health-enhancing level of physical fitness.	Analyzes and applies a level of physical fitness.	Analyzes personal fitness levels

**Standard 4:** Engages in regular physical activity during class time.

<i>Advanced</i>	<i>Proficient</i>	<i>Developing</i>	<i>Beginning</i>
Goes above and beyond during class activity, fitness and/or discussion level	Student engages in their maximal activity level during class, and/or discussion	Student engages in some activity, fitness and/or discussion level	Shows minimal activity, fitness and/or discussion level