

FLOOR HOCKEY SKILLS RUBRIC

Skills	Excellent Skill Level 4 pts	Advanced Skill Level 3 pts	Intermediate Skill Level 2 pts	Basic Skill Level 1 pt	No Effort Skill Level 0 pts = Inc.
Dribbling	<ul style="list-style-type: none"> ● Hands are spread out on their stick. ● Eyes are scanning and not focused on the puck. ● Controls the ball while moving the puck back and forth with their stick. ● Control the puck at all times while moving at full speed. ● Change direction at full speed and not lose control of the puck. 	<ul style="list-style-type: none"> ● Eyes are scanning but more focused on the puck. ● Change direction at full speed but cannot keep control of the puck at all times. 	<ul style="list-style-type: none"> ● Eyes are focused on the puck. ● Slowly controls the puck while moving the puck back and forth. ● Cannot fully control the puck at all times while moving at full speed. ● Cannot change directions at full speed and cannot keep control at all times. 	<ul style="list-style-type: none"> ● Pushes the puck forward and does not move the ball back and forth. 	No Effort
Shooting	<ul style="list-style-type: none"> ● Takes a powerful step before they shoot. ● Hands are spread out on their stick. ● Pushes stick forward and uses their arm strength. ● Uses all of their body's energy during the shot. 	<ul style="list-style-type: none"> ● Takes a small step before they shoot. ● Eyes are not focused on the target. ● Pushes stick forward. ● Does not fully use their momentum/energy during the shot. 	<ul style="list-style-type: none"> ● Takes no step before they shoot. ● Hands are together or spread apart on the stick. ● Swings stick instead of pushing stick forward. ● Eyes are not on their target and have inaccurate shot. 	<ul style="list-style-type: none"> ● Hands are together and not spread apart on their stick. ● Swings stick out of control. ● Makes little or no contact with the ball 	No Effort
Passing	<ul style="list-style-type: none"> ● Takes a step before the pass ● Hands are spread out on the stick. ● Eyes are focused on their target. ● Can pass the puck to their target accurately 5 or more times in a row. 	<ul style="list-style-type: none"> ● Can pass the ball to their target accurately 1-2 or more times in a row 	<ul style="list-style-type: none"> ● Takes a small step before they pass ● Hands are not properly spread out on the stick. ● Eyes are focused on the puck and not on the target. ● Cannot pass the ball to their target 1-2 times in a row. 	<ul style="list-style-type: none"> ● Does not step before they pass ● Cannot pass the puck to their target (pass is far away from the target) 	No Effort
Rules, Sportsmanship, Strategies	<ul style="list-style-type: none"> ● Always applies games strategies allowed by rules of the game ● Always works together with their teammates ● Always shows good sportsmanship to their team, opponent and officials 	<ul style="list-style-type: none"> ● Consistently applies games strategies allowed by rules of the game ● Consistently works together with their teammates ● Consistently shows good sportsmanship to their team, opponent and officials 	<ul style="list-style-type: none"> ● Sometimes applies games strategies allowed by rules of the game ● Sometimes works together with their teammates ● Sometimes shows good sportsmanship to their team, opponent and officials 	<ul style="list-style-type: none"> ● Rarely applies games strategies allowed by rules of the game ● Rarely works together with their teammates ● Rarely shows good sportsmanship to their team, opponent and officials 	No Effort

