

SPEEDBALL SKILLS RUBRIC

| Skills | Excellent Skill Level 4 pts | Advanced Skill Level 3 pts | Intermediate Skill Level 2 pts | Basic Skill Level 1 pt | No Effort Skill Level 0 pts = Inc. |
|----------------------------------|---|--|--|--|--|
| Catching/ Pick-ups | <ul style="list-style-type: none"> ● Makes routine and difficult catches ● Able to perform pickups quickly and consistently | <ul style="list-style-type: none"> ● Catches with consistency and using good form, ● Uses pickups during the game frequently | <ul style="list-style-type: none"> ● Able to catch close range ● Can do a pick up with no pressure | <ul style="list-style-type: none"> ● Shows little consistency catching ● does not use proper form, ● unable to perform pick ups | No Effort |
| Throwing | <ul style="list-style-type: none"> ● Throws the ball with sound mechanics, ● Can throw extremely accurately close and far | <ul style="list-style-type: none"> ● Throwing mechanics are correct. ● Demonstrates ability to make long and short throws with accuracy most throws | <ul style="list-style-type: none"> ● Throwing mechanics are slightly flawed ● Throwing distance and accuracy is good at close range | <ul style="list-style-type: none"> ● Demonstrates poor throwing mechanics and little distance and accuracy | No Effort |
| Teamwork / Strategy | <ul style="list-style-type: none"> ● Demonstrates a solid understanding of the strategy, ● Applies scoring and defensive decisions, interacts ● Communicates with teammates in a positive manner | <ul style="list-style-type: none"> ● Works well with teammates during games ● Makes some errors in strategy during gameplay | <ul style="list-style-type: none"> ● Communicates with teammates infrequently ● Does show some understanding of game strategy | <ul style="list-style-type: none"> ● Does not work well with teammates ● Do not demonstrate good understanding of rules and strategy | No Effort |
| Rules & Fair Play | <ul style="list-style-type: none"> ● Student displays an excellent sense of fair play. ● Student always follows the rules and never argues with the other students. | <ul style="list-style-type: none"> ● Student displays a very good sense of fair play. ● Student almost always follows the rules and rarely argues with other students. | <ul style="list-style-type: none"> ● Student displays a good sense of fair play. ● Usually follows the rules and occasionally argues with other students, but overall, their progress is satisfactory. | <ul style="list-style-type: none"> ● Student displays lack of fair play. ● Sometimes follows rules and argues with other students. | No Effort |