

ULTIMATE FRISBEE SKILLS RUBRIC

Skills	Excellent Skill Level 4 pts	Advanced Skill Level 3 pts	Intermediate Skill Level 2 pts	Basic Skill Level 1 pt	No Effort Skill Level 0 pts = Inc.
Movement in the game	<ul style="list-style-type: none"> ● Student consistently moves to open spaces on offense ● Consistently moves to cover their mark on defense. 	<ul style="list-style-type: none"> ● Student consistently moves to open spaces on offense ● Generally moves to cover their mark on defense. 	<ul style="list-style-type: none"> ● The student sometimes moves to open spaces on offense, ● Does little on defense. 	<ul style="list-style-type: none"> ● The student rarely moves to help the team. 	No Effort
Throwing	<ul style="list-style-type: none"> ● Student is consistently able to accurately throw the frisbee. ● They have excellent technique and control. ● Holds frisbee correctly. ● Power of pass. ● Aims the pass. 	<ul style="list-style-type: none"> ● Student is consistently able to accurately throw the frisbee. ● They have very good technique and control. ● Holds frisbee correctly. ● Aims the pass. 	<ul style="list-style-type: none"> ● Student is usually able to accurately throw the frisbee. ● They have good technique and control. ● Holds frisbee correctly. 	<ul style="list-style-type: none"> ● Student is rarely able to accurately throw the frisbee. ● They lack technique and control. 	No Effort
Catching	<ul style="list-style-type: none"> ● Student is consistently able to catch the frisbee with one or two hands. ● Student consistently moves towards the frisbee while it is in flight. 	<ul style="list-style-type: none"> ● Student is consistently able to catch the frisbee with two hands and occasionally with one. ● Student occasionally moves towards the frisbee while it is in flight. 	<ul style="list-style-type: none"> ● Student is generally able to catch the frisbee with two hands ● Student Occasionally moves to the friesbee 	<ul style="list-style-type: none"> ● Student is occasionally able to catch the frisbee, ● Shows little attempt to catch it. 	No Effort
Rules & Fair Play	<ul style="list-style-type: none"> ● Student displays an excellent sense of fair play. ● Student always follows the rules and never argues with the other students. 	<ul style="list-style-type: none"> ● Student displays a very good sense of fair play. ● Student almost always follows the rules and rarely argues with other students. 	<ul style="list-style-type: none"> ● Student displays a good sense of fair play. ● Usually follows the rules and occasionally argues with other students, but overall, their progress is satisfactory. 	<ul style="list-style-type: none"> ● Student displays lack of fair play. ● Sometimes follows rules and argues with other students. 	No Effort
Teamwork	<ul style="list-style-type: none"> ● Student consistently uses the whole team. ● Often communicates with the team. 	<ul style="list-style-type: none"> ● Student rarely uses the same teammates and often uses the whole team. ● Sometimes communicates with the team. 	<ul style="list-style-type: none"> ● Student generally uses the same teammates but occasionally uses the whole team. ● Rarely communicates with the team 	<ul style="list-style-type: none"> ● Often uses the same teammates 	No Effort